



GHOST HOLE PUTTING (INTRO)

Skill Development

The purpose of Ghost Hole Putting is to help you test your green reading, and improve your ability to visualise when putting.

To do this you will simply need a thin ghost hole that the golf ball can roll over without being possible. If you do not have this available you can use two small ball markers or tees, which will replace the ghost hole and make a gate.

To start the drill simply choose a putt between 6ft and 10ft and mark your starting position using a tee. Once you have read the putt, place the ghost hole somewhere on the line that you intend to hit the ball. The objective is simply to roll the ball over the ghost hole and into the hole.

Once you have done this a couple of times, change the putt and repeat the process.

Each time you repeat the process you can adjust how close to the hole you place the disc. By varying this placement you can often help your ability to visualise a putt.

No Score - Experimental