



3 Flight Drill

Skill Development

The Purpose of this drill is to experiment and understand what causes the golf ball to curve in the air. The goal is very simply to create a draw, create a fade and then try to hit a perfectly straight shot.

To begin this game simply start with an 8 iron and use a tee for forgiveness. The first 3 shots you hit should be with your natural shape. For example if you have a natural draw simply allow the draw to happen.

Once you have hit this shape 3 to 4 times then try to alter the shot to a fade (left to right assuming you are a right hander). Again using a tee keep attempting this shot until you have successfully created this shape a few times. Once you have done this try to find the middle ground and hit a perfectly straight shot.

When you have completed all 3 shots off the tee then attempt the same routine off the ground. Once you have successfully completed that then change clubs.

No Score - Experimental