



IN REVERSE Performance

This is a fun game that is designed to create pressure when it comes to driving accuracy. You will need to have the chipping green and the driving range close together to be able to complete this drill.

To begin you must identify 3 fairways on the range, ideally a wide one, a medium one and a narrow one, however the exacts of this are up to you.

The game starts on the chipping green where you drop a ball in a random location and attempt to make an up and down. If you do so successfully then move to the range to hit a driver, if unsuccessful then choose another random location to up and down. Remain there until an up and down is made. Mix the difficulty of the up and downs as much as possible, ranging from very easy to very difficult.

Once you have made an up and down progress to the range. Choose a fairway (it must be different each time) and you have one opportunity to put the ball on the fairway, thus scoring a point. Whether you hit the fairway or not you must return to the short game area and attempt another up and down.

Your score will be how many times you manage to hit the fairway within your decided time limit. That time limit can be completely up to you, but when repeating the game try to keep the time the same so you can compare scores.