



TEST YOUR NERVES

Performance

This drill is fantastic for being able to judge your speed control and also test your nerves when it comes to being able to lag one close at a key moment.

To begin simply place a ghost hole in the centre of the green, or if you do not have a ghost hole a tee or a large ball marker that is clearly visible will work.

From there create a staggered circle by placing one tee 5 steps away, one 6 steps away, one 7 steps away and so on until you have placed 5 tees in total.

The objective is to simply putt the ball from each tee, past the ghost hole and get it to stay within one shaft length (or steel length) of the ghost hole. If at any point you miss this range by either leaving it short or passing the hole by too much you restart the round.

If you successfully manage 5 in a row, move each tee back one step further from the hole and begin round two. Continue in the same manner until you have completed 3 rounds.

Your score will be the amount of time it takes to complete 3 rounds