

PITCHING

This game is designed to help you figure out how to alter the flight of your wedges. To begin we will start with a 54 or 56 degree wedge from approximately 50 yards. Hit a few shots with your standard technique and simply pay attention to the flight and spin that your shots have. From there we are going to experiment in order to change the flight. To do this we are going to try the following:

- ball position moved forward in the stance and then back in the stance
- Make a longer slower swing then try the opposite and make a shorter faster swing
- Hold the handle upright so the sole of the club is sitting on its toe, then do the opposite and flatten the handle so it is sitting on its heel

Pay attention to what happens the flight with each club and note it down. Then repeat the same drill with a variety of clubs, and from a variety of distances.