



STAY UNTIL (LEVEL 2)

Performance

The goal of this drill is to develop your distance control.... And your patience! Set up the 10 distances below using a launch monitor. Hit the shot within 7 yards of the designated distance and move on. If you are outside of outside of 7 yards then repeat until you achieve this successfully. Count the number of shots it takes you to complete each distance. Limit each distance to a maximum of 7 shots.

<u>DISTANCE</u>	<u>SHOTS</u>	<u>DISTANCE</u>	<u>SHOTS</u>
55 yards		133 yards	
89 yards		110 yards	
123 yards		122 yards	
71 yards		144 yards	
95 yards		150 yards	