

IN BETWEEN SKILL

JM
GOLF COACH

ROUTINE

Select targets that are within a comfortable range for your 6-iron and 8-iron. Using your 7-iron, hit two shots to the 8-iron target, followed by two shots to the 6-iron target, and then one shot to the 7-iron target.

SCORING

Count a successful shot as one that meets your personal standard for a good result, such as hitting the target area or achieving your desired ball flight and distance.

Repeat this process five times, for a total of 25 shots, and keep track of your total successful results to measure your performance.