



EARNED BIRDIES (COURSE)

Performance

The purpose of this drill is to make the most out of any birdie chance that you may have in tournament. For this scenario we will define a “Birdie Chance” as anything inside a wedge distance, or approximately 130 yards.

To complete this drill we will play the course as normal, but on every hole we will pick up our tee shot and drop it on the fairway, somewhere between 80 yards and 130 yards. This will be our starting point.

From this point you must hit the ball as close as possible to the flag. If the ball ends up inside 10ft then you will be allowed to putt out. If you successfully hole that putt, you have made an “earned birdie”. If however you do not hit the ball inside 10ft simply pick up your golf ball and move to the next hole.

Your “Earned Birdies” score will be how many times you successfully hit the ball inside 10ft and converted the putt. However it is worthwhile keeping a score of how many times you hit it inside 10ft as well in order to identify if more work is required on the approach shot or on close range putting.